

PDO Threads Candidates and Examples

PDO threads – Ideal Patient Candidates and Model Requirements

Patient Criteria:

- Age demographic: 30-65
- Preferable to have no prior plastic surgery of the area being treated
- Ok to have previous injections with neurotoxins or dermal fillers, as long as performed greater than two weeks prior
- Candidates should have some or all of the following to be considered as a patient/model:
 - Mild to Moderate flat & ptotic cheek tissue (cheeks have fallen creating nasolabial folds)
 - Mild to moderate jowling / descent of the lower third of the face
 - Mild to moderate brow ptosis (droopy eyebrows)
 - Mild neck cutaneous bands – patients with platysmal bands or excess skin are not good candidates for the procedure
 - Crepey skin of the area of the face or body being treated
 - Mild to moderate ptosis of the body area being treated (breasts, buttocks)
 - Mild folding of skin above knees, elbows
 - Models should be calm in nature, willing to get injected in front of a group and able to tolerate mild to moderate pain. Preferably, individuals have previously had aesthetic injectables.
- Currently not taking any blood thinning medication, Omega 3's, Vitamin E, Ginko, Ginseng, Garlic, anti-inflammatories, steroids, or neuromuscular blockers
- Not allergic to lidocaine or epinephrine
- No active infections including colds, sinus infections, upper respiratory infections, cold sores, or rashes

Poor Candidate



Moderate midfacial ptosis

Severe lower third ptosis / jowls

Heavy tissues

Older age

Surgical candidate

Unrealistic expectations



Poor skin quality

Thin / crepey skin

Excess tissue in neck/ jowls

Previous surgery

Excessive platysmal bands

* **Potential Barbed Thread**

candidate after 5 sessions with

smooth threads (result of increase

collagen)

Fair Candidate



Mild Cheek / Midface Ptosis

Mild jowling Good skin quality

Thinner, crepey skin

No previous surgery



Mild midfacial ptosis

Moderate lower third ptosis

Mild jowls

Mild cutaneous neck bands

In her 50s

No previous surgery

Good Candidate



Mild midfacial ptosis

Mild lower third ptosis / jowling

Good skin quality

Minimal excess skin

Slightly heavier tissues



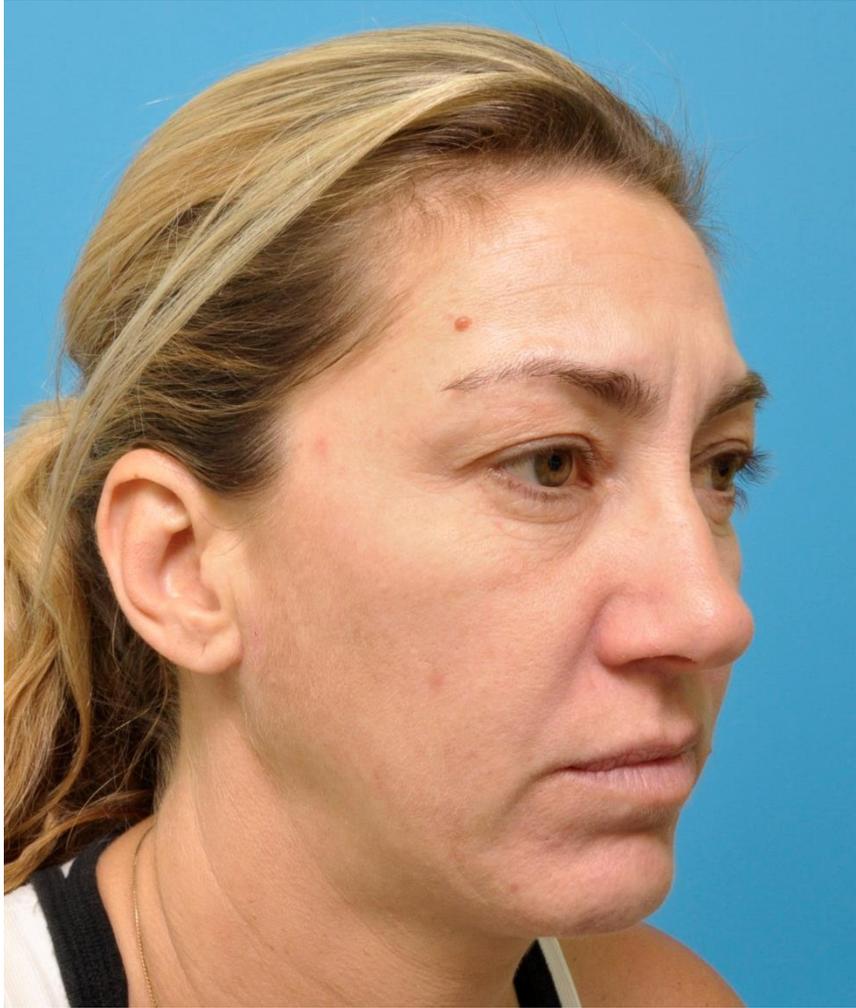
Moderate sagging of midface and jowls

Moderate appearance of nasolabial folds and marionette lines

Good skin quality

No previous surgery

Ideal Candidate



Good skin quality

Mild sagging of midface and jowls

Age range – in her 40s

Previously has had injectables

No history of surgery



Mild sagging of midface and jowls

Good skin quality and texture

Age range early 50s

No previous surgery